

Realizing Your Potential presents

www.realizingyourpotential.ca

An Educational Kinesiology Foundation 200 Series Course



A Playful Approach to Whole-Brain Integration with

Sher Smith RN, R.C.S.T., B.C.P.P., RPE

September 17, 2016

Discover:

- ✦ Your own innate ability to draw and paint, new ways to connect with color, shape, and movement
- ✦ The informative nature of the design process
- ✦ The mystery of co-creative drawing
- ✦ A new way to journal your experiences
- ✦ Joy, ease, and serendipity in creative expression

Explore Double Doodle variations and more as related to:

- ✦ the midfield and centralized vision
- ✦ Homologous movements that prepare the way for heartfelt drawing
- ✦ Using the eyes in a more relaxed, whole-brain way
- ✦ Simple things to do at home or in the classroom to encourage healthy visual skills
- ✦ Reclaiming our ambidexterity as we engage in daily-life activities

Learn how the following abilities affect reading and fine-motor skills:

- ✦ Crossing the visual kinesthetic midline
- ✦ Binocularity for working in the midfield
- ✦ The internalization of early developmental movement
- ✦ Special awareness and depth perception
- ✦ Self-perception as it regards movement and tactility

**Register
NOW!**

YOUR FACILITATOR



Sher Smith, RN, R.C.S.T., B.C.P.P., RPE, is a Registered Nurse, Registered Cranial Sacral Therapist, Board Certified Polarity Practitioner, Registered Polarity Therapy Educator and Educational Kinesiology Instructor who has been involved in the Holistic health field since 1979.

Her professional training is varied and comprehensive, including studies in Cranial Sacral Therapy with Franklyn Sills and the Upledger Institute; along with certification in Neuro-Linguistic Programming, Educational Kinesiology and Touch for Health.

Sher was the founding President of the Ontario Polarity Therapy Association, is a member of the American Polarity Therapy Association (having served as Past-Vice-President of the Board of Directors), is a member of the Craniosacral Therapy Association of the United Kingdom, and is the Director of the Realizing Your Potential Center of Holistic and Energetic Studies. She is a Canadian International Faculty member for Brain Gym® with the Educational Kinesiology Foundation in Ventura, California.

Sher is available for private consultations and sessions in person or by Skype and to teach globally.

Email: info@realizingyourpotential.ca

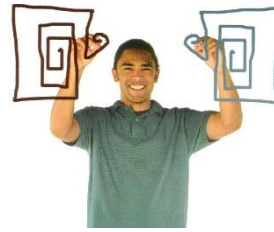
Web: www.realizingyourpotential.ca

Blog: <https://energyfunlight.wordpress.com/>

Facebook: <https://www.facebook.com/realizingyourpotentialRichmondHill>



Registration Form
Double Doodle Play
September 17, 2016



Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone #: (_____) _____

Email: _____

Signature: _____

Date: _____

*Your tuition fee is refundable only if the training is cancelled.
A confirmation e-mail will be sent upon receipt of your deposit or full payment.*

PREREQUISITE: None

PLACE: Realizing Your Potential (at the Loyal True Blue Orange Home)
11181 Yonge Street, #210, Richmond Hill, Ontario, L4S 1L2

TIME: 9:00 a.m. - 5:00 p.m.

TUITION: **\$125 / day**
(course is tax deductible with tax receipt for the year given in March of the following year)

Phone: 905-751-1076

Email: info@realizingyourpotential.ca

Website: www.realizingyourpotential.ca